

Primetime Programme

From *Jan 2012*



**Exclusively for those
aged 50+**

Date	Time	Activity	Price 50+	60+ ADV
Monday	10.30am - 11.30am	Gentle Aqua	£4.65	£3.50
	2.00pm - 3.00pm	Back to Exercise	£5.60	£4.30
Tuesday	9.00am - 12.00noon	Leisure Activities	£4.45	£4.45
	9.30am - 11.30am	Swimming*	£3.25	£2.25
Wednesday	10.30am - 11.30am	Back to Exercise	£5.60	£4.30
Thursday	8.30am - 9.30am	Swimming*	£3.25	£2.25
Friday	2.00pm - 3.45pm	Leisure Activities	£4.45	£4.45
	3.00pm - 4.00pm	Swimming*	£3.25	£2.25
Gym		Induction Fee	£44.00	£22.00
		Casual Price	£6.70	£4.30

Please note use of the gym is subject to a joining fee
*Available any time during public swimming times

*This session runs alternate weeks so please enquire at Reception for the next available date.

Room hire is available for groups who may want to consider games sessions or private hire.



SEVENOAKS LEISURE CENTRE
Buckhurst Lane, Sevenoaks, Kent, TN13 1LW
01732 470700

www.sencio.org.uk

sencio
PRIMETIME