

Primetime Programme

From *Jan 2012*



**Exclusively for those
aged 50+**

Date	Time	Activity	50+ Sencio-card holder	50+ Non-card holder	60+ ADV
Monday	9.00am - 12.00 noon	Badminton	£2.85	£4.30	£2.85
	9.00am - 12.00 noon	Short Mat Bowls	£2.85	£4.30	£2.85
	10.00am - 11.00am	Swimming	£3.25	£4.70	£2.25
Tuesday	11.00am - 11.45am	Aqua Aerobics	£3.50	£4.95	£2.90
	1.30pm - 3.30pm	*Short Mat Bowls	£2.85	£4.30	£2.85
Wednesday	10.00am - 11.00am	Swimming	£3.25	£4.70	£2.25
	2.15pm - 2.45pm	Aqua Aerobics	£3.50	£4.95	£2.90
Friday	11.00am - 11.45am	Aqua Aerobics	£3.50	£4.95	£2.90
	1.00pm - 3.00pm	Badminton	£2.85	£4.30	£2.85
	1.00pm - 3.00pm	Short Mat Bowls	£2.85	£4.30	£2.85

*This session runs alternate weeks so please enquire at reception for the next available date.

Room hire is available for groups who may want to consider games sessions or private hire.

Prime Time card holders are entitled to a 10% discount on all menu options when you present your membership card in the cafe.



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PRIMETIME